

# Cerebral Palsy Program



The Cerebral Palsy Program at Cincinnati Children's is nationally recognized for our patient-centered care and clinical quality in diagnosing and treating cerebral palsy (CP). We see more than 1,400 children with cerebral palsy every year. Our goal is to provide care that is comprehensive, coordinated and family-centered, while keeping referring providers informed of our diagnoses and treatments.

## CONTACT US

General information:

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## CEREBRAL PALSY PROGRAM PHYSICIAN LEADERSHIP

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James McCarthy, MD, MHCM, *Division of Orthopaedics*

Charles Stevenson, MD, FAANS, FACS, FAAP, *Division of Neurosurgery*

## FULL SPECTRUM OF CARE

We provide a complete range of treatment — medical, surgical and therapeutic — using the most advanced specialty care, technology and therapies available. Services we offer infants to young adults include:

- Comprehensive spasticity management
- Surgical treatment of spasticity including intrathecal baclofen therapy and selective dorsal rhizotomy (SDR)
- Therapy programs, including occupational, physical and speech
- Orthopaedic management
- Nutrition management
- Therapeutic early intervention
- Assistive technology
- Equipment assessment, recommendation and provision
- School transition planning
- Support on obtaining community services
- Cognitive evaluation for school planning
- Clinical trials
- Cerebral palsy specific care coordination



Cincinnati Children's is ranked second among all Honor Roll hospitals in the 2018–19 *U.S. News & World Report* listing of Best Children's Hospitals.





## EXCELLENCE IN CARE AND QUALITY



The Cerebral Palsy Clinic was awarded Level 3 recognition as a Patient-Centered Specialty Practice (PCSP) by the National Committee for Quality Assurance through January 2021. This recognition demonstrates our program's place in an elite group of healthcare entities that have proven commitment and efficacy in advancing quality in healthcare.

## INTEGRATED TREATMENT APPROACH

Depending on their needs, patients are seen by our expert physicians, therapists, social workers, nursing care coordinators and/or dietitians. We work together to develop a comprehensive plan of care based on each individual child. Families experience coordinated care including an interdisciplinary assessment, integrated services, family support and ongoing management when desired. Our partners include these areas within Cincinnati Children's:

- Rehabilitation Medicine Cerebral Palsy Clinic
- Orthopaedic Surgery
- Neurosurgery
- Developmental and Behavioral Pediatrics
- Occupational Therapy and Physical Therapy
- Speech-Language Pathology
- Motion Analysis Lab
- The Perlman Center, providing specialized therapy programs and family support
- Rubinstein Library, with information on developmental and behavioral issues and related children's health conditions
- Special Needs Resource Directory, offering families help in identifying, evaluating and accessing necessary services and supports

## STRENGTH IN THERAPY

We offer one of the most developed therapy programs in terms of occupational, physical and speech therapy. Our therapists have led the way in developing clinical practice guidelines and a large offering of evidence-based interventions, including:

- Constraint-induced movement therapy
- Intensive therapy programs for gait, strengthening and/or other goal-directed purposes
- Holistic, integrated early childhood therapy programs
- Assistive technology
- Wellness programs
- Rehabilitation following surgical interventions
- Interdisciplinary early intervention

## SPECIALTY CARE COORDINATION

Each patient is different. Although some Cerebral Palsy Program patients are seen annually, most visit us more often. Those who require additional services, care or support will have more frequent appointments. No matter what type of care a patient needs — whether it's an individual surgery or taking advantage of the full scope of our care — our team is eager to work with referring providers.

We regularly provide second opinions that can reassure patients they are receiving the best possible care elsewhere, or offer insights about other treatment options available at Cincinnati Children's.