

A Focused, Team Approach for Children and Teens With IBD

Schubert-Martin Inflammatory Bowel Disease Center



Enhancing Lives of Children and Adolescents With IBD

The Schubert-Martin Inflammatory Bowel Disease (IBD) Center at Cincinnati Children's Hospital Medical Center offers you and your patients a focused, team approach to the complex medical and psychosocial issues associated with pediatric IBD.

Our multidisciplinary team addresses all aspects of caring for those diagnosed with IBD, including:

- Evaluation and ongoing therapy
- Surgical treatment
- Quality-of-life issues
- Helping children and teens learn to self-manage their conditions
- Complex side effects of pediatric IBD, such as growth and bone health
- Second opinions for complex cases

Our center's faculty and staff are all based at Cincinnati Children's. That means team members interact closely so we provide better treatment, save time, and lower stress for our patients and their families.

“The overriding mission of the Schubert-Martin Inflammatory Bowel Disease Center is to optimize the clinical status and quality of life of children and adolescents with inflammatory bowel disease. We strive to accomplish this through a comprehensive delivery system that is not only effective, evidence-based, efficient, family-centered and safe, but also integrates new knowledge into the clinical care of our patients.”

*M. Susan Moyer, MD
Medical Director*

A Multidisciplinary Approach

One of our strengths in providing integrated care involves having the following team members from multiple disciplines working together:

- Pediatric gastroenterologists
- Gastroenterology nurse coordinators
- Pediatric surgeons
- Dietitians
- Pathologists
- Pharmacists
- Radiologists
- Social workers
- Psychologists
- Child life specialists

Pediatric Expertise in IBD

Our commitment to children of all ages is a strength of our program. At Cincinnati Children's, we are dedicated to optimizing care for the young children and teens who struggle with IBD daily. They face unique challenges including:

- Growth and bone health issues
- Hormonal development
- Self-management of diet, medications and flare-ups

Because of this, pediatric patients often need more aggressive treatments than adults. Our team can best treat these patients since we specialize in pediatrics and deal with these issues on a regular basis.

We recognize the differences and challenges of treating young adults, particularly those between the ages of 13 and 18 when self-management becomes so important. And we have the expertise and resources to care for younger children.



A patient and grandmother read in the center's kid-friendly waiting area.

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Our more than 500 IBD patients are a testament to our ability to focus on the specific needs of this population.

Collaboration With Referring Physicians

At Cincinnati Children's, we believe the best care is provided when primary care physicians and families partner with our specialists to make medical decisions.

Our team will regularly communicate with you and your patient's family to ensure we are meeting your needs.

- We fax patient encounter reports to you within 72 hours of seeing your patient.
- New patients are routinely seen by a pediatric gastroenterologist within two weeks. Urgent problems are accommodated immediately.

For a consultation or for more information, call 513-636-4415.

Contact the on-call pediatric gastroenterologist 24 hours a day by calling Physician Priority Link at 1-888-636-7997.

We've worked with referring physicians from 34 states.

“Cincinnati Children's has an excellent IBD center. I refer my most difficult IBD patients with special problems to Dr. Moyer because she's an expert in this field. I trust the care that my patients receive from the center's gastroenterologists and surgeons. And follow-up communication about my patients is always timely and reliable.”

*Robert Bobo, MD
Pediatric Gastroenterologist
Toledo, Ohio*



Lee (Ted) Denson, MD, attends to a patient in the gastroenterology clinic.

The Assurance of a Second Opinion

Our unique diagnostic abilities and pediatric expertise make Cincinnati Children's a leading regional referral center for complicated inflammatory bowel disease management.

When we provide second and third opinions, we make the experience worthwhile for the patient and for the referring physician. Your patients will be seen quickly, and we will send you a timely follow-up letter.

Physicians throughout the country use us for second opinions because of the broad scope of services we offer combined with our expertise in pediatrics. If you have patients who are unresponsive to treatment or where surgery appears to be the only alternative, our IBD specialists can help.



Stavra Xanthakos, MD, prepares to perform an upper gastrointestinal endoscopy in our dedicated endoscopy suite.

Comprehensive Services

Count on us to be your resource for professional consultation and additional analysis. Along with a full range of diagnostic modalities, our comprehensive services include:

- Video capsule endoscopy
- A unique blend of medical and surgical skills
- Review of all slides and previous procedures
- Arrangement of additional testing during the visit, if needed
- Consultation with various specialists as necessary

Advancing Our Understanding of IBD Through Research

Due to the extensive laboratory and patient-based research being conducted at Cincinnati Children's, patients seen here receive care and treatment based on the latest scientific knowledge. Our current research efforts in this field include:

- Basic science studies related to growth hormone resistance in individuals with inflammatory bowel disease
- Investigation of potential mechanisms of cytokine-dependent growth hormone resistance in mouse models of colitis and in children with Crohn's disease
- The Pediatric IBD Collaborative, a multi-center group of pediatric gastroenterologists establishing a database to follow a group of children and adolescents with IBD for the purpose of observational clinical studies
- Studying of genetic mutations that can lead to susceptibility to inflammatory bowel disease and predict the best therapies for patients



Lee (Ted) Denson, MD, researches growth hormone therapy to treat pediatric Crohn's disease.

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Approximately \$3.8 million in active research grants have been awarded for IBD-related research initiatives.

Resources for Families

At Cincinnati Children's, we believe in providing family-centered care where health care providers and the family are partners – working together to best meet the needs of the child. Resources our IBD patients and families can take advantage of include:

- An annual **Family Education Day** that addresses topics such as self-management and transitioning into adulthood with inflammatory bowel disease
- **Health education topics** with illustrations and detailed information on IBD causes, symptoms and treatments, available at www.cincinnatichildrens.org/ibd
- Nurses who are specially trained in the field of pediatric gastroenterology
- **CarePages**, a free service allowing patients and families to create personal, private web pages to share news with family and friends before, during and after hospitalization
- **Guest Services**, which helps out-of-town families plan their travel details and schedule appointments so they can concentrate on their child

“Cincinnati Children's makes getting care convenient. There are neighborhood locations all over town that we can go to if Abby needs tests done. We need to see a lot of specialists to manage her condition. It's so convenient to have surgery, urology, nutrition and psychology specialists all there at one medical center.”

Mother of 13-year-old with inflammatory bowel disease



M. Susan Moyer, MD, talks with a teen IBD patient.



**Cincinnati Children's
Schubert-Martin
Inflammatory Bowel Disease Center**

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